



SUMMER VEGETABLE SLAW

Serves 8

Ingredients:

- 1 pound napa or green cabbage, quartered, cored & thinly sliced
- 2 medium carrots, peeled & julienned
- 1/4 pound snow peas, julienned
- 1 medium red bell pepper, seeded & julienned
- 1 medium green bell pepper, seeded & julienned
- 1 medium yellow bell pepper, seeded & julienned
- 12 green beans, julienned
- 1 small red onion, peeled & julienned
- 2 medium ears fresh sweet corn, shucked & kernels cut from cobs
- 1/2 teaspoon granulated sugar
- 1/4 cup apple cider vinegar
- 1 tablespoon avocado oil
- 1/8 teaspoon celery seeds
- 1/8 teaspoon salt
- 1/8 teaspoon ground black pepper

1. In a large bowl, combine all vegetables.
2. Dress with sugar, vinegar, oil, celery seeds, salt and pepper. Allow to sit at least 10 minutes before serving. Enjoy!